



Fitness Center Membership Rules and Regulations

Revised April 11, 2005

The Metropolitan Fitness Center (the "Facility") offers a full Cybex and Life Fitness circuit, free weights, treadmills, cross trainers, Stairmasters and other aerobic and strength training equipment. A yoga room is also available. The following guidelines, rules and regulations have been developed for the pleasure and safety of residents while using any part of the Facility. Revisions to these rules and regulations may be made as the need arises. Significant changes will be posted.

Membership

The Facility is a private club for use by the owners and residents of Metropolitan Condominiums only. Signing of these rules and regulations is a requirement of membership. Membership is not transferable or refundable. Key cards are not transferable. Access to the

Facility Hours of Operation

Access is granted via your PCSC access card. Before your first use the center, you must register at the front desk and sign these Rules and Regulations to activate your card. The center is open daily 5:00 AM to 12:00 AM

Guest Policy

All guests, to access any part of the Facility, must be accompanied by and remain with the resident. Guests may use only the venue in which the resident has privileges. It is the responsibility of each resident to familiarize his/her guest with all the rules and regulations of the Facility. Each resident and guest must sign a "Guest Waiver", agreeing to abide by the rules and policies of the Facility. Each resident is responsible and liable for all actions of his/her guest.

Safety and General Considerations for the Facility

- No resident shall participate in inappropriate or offensive behavior in any part of the Facility.
- Smoking is not allowed in Facility.
- Food is not allowed in the Facility.
- Pets are not allowed in the Facility.
- Strollers, carriages and carts are not allowed in the Facility.
- Persons suspected of being under the influence of drugs or alcohol will not be permitted to enter or remain in the Facility.
- The Missouri State Department of Health regulations and those of all other governmental agencies having jurisdiction are considered part of these rules and regulations.

No resident shall attempt to either interfere with a staff member's enforcement of rules and policies or provoke a dispute over any disciplinary action enforced by a staff member.

Property Damage

Residents may not mark, damage or vandalize any property belonging to or located in the Facility. Property of the Facility must not be removed from the Facility by anyone.

The cost of any property damage or loss shall be charged to the resident(s) responsible for the damage. Each resident is responsible for any damage caused by his/her guest.

The Metropolitan Condominium Association will be responsible for the loss, damage or destruction by fire, theft or otherwise of any personal property brought into the Facility by the resident or his/her guest.

Fitness Center Rules

- Children under eighteen (18) years of age are not permitted to use the Fitness Center nor are they permitted to accompany an adult while the adult is using the Fitness Center.
- New members must familiarize themselves with gym equipment to insure safe and proper operation. Fitness equipment is used at the user's own risk.
- Each member must clean the equipment she/he uses.
- Free weights must be returned to the storage racks after use.
- Half-hour time restrictions apply to aerobics equipment when someone is waiting.
- T-shirts, sweatshirts, leotards, shorts and sneakers or other appropriate attire must be worn on the training floor at all times. Bathing suits, sandals, thongs, robes, slippers, etc, are not appropriate attire for the Fitness Center.

Additional Services/Training Classes

Personal trainers or instructors are permitted in the Facility ONLY after submitting proof of current certification and liability insurance. In addition, outside trainers must check in with the concierge before each training session to be permitted in the Facility.

Penalties for Non-Compliance

The Board of Directors and employees of The Metropolitan Condominium Association reserves the right to suspend, immediately, the privileges of anyone who does not follow the Facility's rules, regulations and/or the general safety considerations.

The privileges or membership status of any resident who does not observe and obey any rule or regulation governing his/her conduct in any part of the Facility may be suspended or revoked indefinitely without refund.

Signature, I have read and understand Rules & Regulations

Date

Print Name

Unit Number